



RECOMMENDED READING

For Scottish Winter Mountaineering

by *Tim Orr*

There are many publications available that are well worth reading in preparation for a trip to the Scottish Winter Mountains. Depending on whether you are looking for inspiration, guidance, instruction or just good old epic stories of others experiences in the winter hills, I would recommend that you try and get your hands on some of the following:

Winter Skills – Essential Walking and Climbing Techniques (*highly recommended*)

Written by [Andy Cunningham and Alan Fyffe](#)

This book is the official handbook of the Winter Mountain Leader and the Mountain Instructor Certificate and is a reference tool for every mountaineer venturing into the Scottish Winter mountains. The easy-reference colour-coded pages with striking illustrations and stunning photographs are packed with essential information and techniques including:

- Winter navigation and equipment for walking and climbing
- Use of ice axe and crampons for all levels of winter mountaineering
- Snow safety and avalanche evaluation
- Security on steep ground and rope work for winter climbing

To download a sample section on equipment <[CLICK HERE](#)>

To purchase a copy for the MCI shop <[CLICK HERE](#)>

ISBN-10 0-9541511-3-5

Scotland's Winter Mountains – The Challenge and the Skills

Written by [Martin Moran](#)

This is a beautifully written book that exhibits the sublime joys and gruelling battles that the Scottish winter mountain can present. Offering advice on all skills for the beginner to the technical climber and skier, backed up with some stunningly memorable photographs. Well worth purchasing if you can find a copy...good luck!

ISBN 0 7153 9096 1

Cold Climbs – The Great Snow and Ice Climbs of the British Isles

Compiled by [Ken Wilson, Dave Alcock and John Barry](#)

This celebrated classic provides inspiration and information on seventy snow and ice climbs throughout Britain (and Ireland). Unashamedly designed for the enthusiast to be studied greedily for inspiration, memory and a visit to a now somewhat time passed. If it can be found, simply just buy it....lots of luck!!

ISBN 0 906371 16 3

Weather – For Hillwalkers and Climbers

Written by [Malcolm Thomas](#)

Probably one of the most substantial issues we need to be aware of for Scottish Winter Mountaineering, this book provides a clear, precise and somewhat easily understandable introduction to the important aspects of weather and forecasting for the hill user.

ISBN 0-7509-1080-1