



Mountain Training Conference
November 28 & 29 2013
Tollymore National Outdoor Centre

The Mountaineering Ireland Mountain Training Conference brings together all those involved in mountain training on the island of Ireland for two days of presentation, debate, discussion and workshops.

Whether you are a BOS Provider, work for an Outdoor Education Centre or another area of third level education or teach mountain skills within your club, this conference is for you!

Event Programme

November 28 2013

Introduction:

10:00 - 10:10	Opening Address	Conference Room
	Ursula MacPherson, President of Mountaineering Ireland will welcome attendees and outline the theme and objectives for the conference.	

Setting the scene:

10:10 - 10:30	Mountain Training	Conference Room
	John Cousins, Chief Executive Officer, Mountain Training UK, will give an overview of recent developments and current planning.	
10:30 - 10:50	Developments in coaching and coach education	Conference Room
	Michael McGeehin, Chief Executive, Coaching Ireland, will highlight some of the key progressions that sports are applying as they develop their coaches and coach education structures.	
10:50 - 11:00	Supporting a progressive club & Mountain Training scene	Conference Room
	Karl Boyle, Chief Executive Officer, Mountaineering Ireland will propose that there are opportunities that have the potential to further support a sustainable Mountain Training industry and a progressive club environment on the island of Ireland.	

11:00 - 11:30	Coffee Break
	Coffee will be served in the dining room

The people of the outdoors:

11:30 - 11:45	A foundation for long term participation:- Personal Skills	Conference Room
	Jane Carney, Training Officer, Mountaineering Ireland	
11:45 - 12:00	A career in the outdoors:- supports and expectations	Conference Room
	Michelle Casey, Wild – Michelle is a holder of the Mountain Leader and Single Pitch Awards and a new provider of the Mountain Skills Training Scheme	
12:00 - 12:15	What Clubs need:- Supporting and mentoring the next generation of participant	Conference Room
	Colette Mahon, Wexford Hillwalking and Mountaineering Club & member of Bord Oiliúint Sléibhe (BOS)	

12:15 - 13:00	Break out Session 1	Various locations
	Group 1 - Facilitator Sinead Pollock, TORR Mountain Training & Member of Bord Oiliúint Sléibhe (BOS)	
	Group 2 - Facilitator Carl Maddox, West Coast Climbing and Adventure & BOS Provider	
	Group 3 - Facilitator Helen Lawless, Mountaineering Ireland Hillwalking, Access & Conservation Officer	

13:00 - 14:00	Lunch
	Lunch will be served in the main dining room

The people of the outdoors (cont'd):

14:00 - 14:30	Feedback from Break out Session 1	Conference Room
	Facilitators will provide feedback (5 mins each) from the earlier breakout session followed by a brief Q & A	

Big Debate: Challenging motions and questions (Debaters position selected for them on the day!)

14:30 - 14:50	Awards for life – re-validate or not?	Conference Room
14:50 - 15:10	Leave no trace – Fab or Fad?	Conference Room
15:10 - 15:30	The regulation of adventure activity – Good or Bad?	Conference Room

15:30 – 16:00	Coffee Break
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16:00 - 16:45	Break out Session 2	Various locations
	Group 1 - Facilitator Rob Davies, Vertigo Outdoors	
	Group 2 - Facilitator Rhys Llywelyn, Cappanalea Outdoor Education Centre	
	Group 3 - Facilitator Trish Walsh, Director Petersburg Outdoor Education Centre	
16:45 - 17:00	Feedback Break out Session 2	Conference Room
	Facilitators will provide feedback (4 mins each) from breakout session 2	

17:00 - 17:30	Plenary session	Conference Room
	Plenary discussion chaired by Ursula MacPherson	

19:30 - 22:30	Dinner	
	Dinner will be served in the main dining room	
	Guest speaker	

29 November 2013

Please pick one of the following workshops (1 – 5) to attend

Workshop 1	The Business of Mountain Training		Conference Room
09:00 - 13:00	Brendan Donlan, Design Tactics looks at how to brand for growth and marketing and selling a service business.		
Workshop 2	Movement Skills		Hotrock Climbing Wall
09:00-13:00	Damien O'Sullivan and Paul Swail		
Workshop 3	GPS and Digital Mapping		Outdoors
09:00-13:00	Kevin O'Callaghan goes through the complimentary role of GPS and digital mapping in mountain training instruction.		
Workshop 4	Keeping Adventure in Mountain Training		Outdoors
09:00-13:00	Dawson Stelfox will look at the different ways of keeping the element of adventure in Mountain Training		
Workshop 5	The Mountain Environment and the Responsibility of Mountain Trainers		Outdoors
09:00-13:00	Kieran O'Hara looks at the mountain environment and the responsibility we all have for this fragile environment.		
Closing Address			
13:00	Ursula MacPherson	Dining Room	
13:00 - 14:00		Lunch will be served in the main dining room	

Where to stay and how to get there:

Tollymore National Outdoor Centre, Bryansford, Newcastle, Co. Down, BT33 0PT. Tel: 028 4372 2158

(please use 048 as the prefix if you are calling from Rep of Ireland)

Click [here](#) for map

There is some shared accommodation available on site at Tollymore, please contact Tollymore directly to make a booking. Alternatively, there are several local B&Bs and self-catering accommodation as well:

Tory Bush Cottages (02843724348) - <http://www.torybush.com/>

Meelmore Lodge (02843725949) - <http://www.meelmorelodge.com/>

Tollyrose B&B (028 4372 6077 - <http://www.tollyrose.com/>