

Bord Oiliúint Sléibhe

Mountain Leader Award

Personal Walking In Mountain Leader Terrain

Date:	Starting point:	
Area:		
Sheet no.		End point:
Status:		Distance travelled: Height gained: Time taken: Weather:
		Notable events:
Date:	Starting point:	
Area:		
Sheet no.		End point:
Status:		Distance travelled: Height gained: Time taken: Weather:
		Notable events:
Date:	Starting point:	
Area:		
Sheet no.		End point:
Status:		Distance travelled: Height gained: Time taken: Weather:
		Notable events:

Status in group: E= equal, M= member, S= solo

N.B Please attach to the back of this page a photocopied section of the map used and highlight the route taken.

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Personal Walking In Mountain Leader Terrain

Date:	Starting point:	
Area:		
Sheet no.		End point:
Status:		Distance travelled: Height gained: Time taken: Weather: Notable events:
Date:	Starting point:	
Area:		
Sheet no.		End point:
Status:		Distance travelled: Height gained: Time taken: Weather: Notable events:
Date:	Starting point:	
Area:		
Sheet no.		End point:
Status:		Distance travelled: Height gained: Time taken: Weather: Notable events:

Status in group: E= equal, M= member, S= solo

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Mountain Leader Award

Leading or Assisting Groups in Mountain Leader Terrain

Date:	Type of group, number, age and for whom:
Area:	Starting point:
Sheet no.	End point: Distance travelled:
Status:	Height gained: Time taken:
Local M.R.T.	Weather:
	Notable events:
	Medical Conditions:
Date:	Type of group, number, age and for whom:
Area:	Starting point:
Sheet no.	End point: Distance travelled:
Status:	Height gained: Time taken:
Local M.R.T.	Weather:
	Notable events:
	Medical Conditions:
Date:	Type of group, number, age and for whom:
Area:	Starting point:
Sheet no.	End point: Distance travelled:
Status:	Height gained: Time taken:
Local M.R.T.	Weather:
	Notable events:
	Medical Conditions:

Status: leading or assisting

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Leading or Assisting Groups in Mountain Leader Terrain

Date:	Type of group, number, age and for whom:
Area:	Starting point:
Sheet no.	End point: Distance travelled:
Status:	Height gained: Time taken:
Local M.R.T.	Weather:
	Notable events:
	Medical Conditions:
Date:	Type of group, number, age and for whom:
Area:	Starting point:
Sheet no.	End point: Distance travelled:
Status:	Height gained: Time taken:
Local M.R.T.	Weather:
	Notable events:
	Medical Conditions:
Date:	Type of group, number, age and for whom:
Area:	Starting point:
Sheet no.	End point: Distance travelled:
Status:	Height gained: Time taken:
Local M.R.T.	Weather:
	Notable events:
	Medical Conditions:

Status: leading or assisting

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Winter Camping

Candidates are required to show evidence of TWO wild mountain winter camps (between October 1st & March 31st). Winter camps should be used as an opportunity to simulate a Mountain Leader Assessment as well as develop the skills of lightweight, low impact camping. A 'Leave No Trace' approach should be adopted throughout expeditions' and the MCI's environmental policies adhered to at all times.

Date:	Campsite grid reference(s):
No. of nights camping:	Distance travelled to campsite(s):
No. in group	Walking time to campsite(s):
Area:	Height gained:
Sheet No.	Distance from nearest track / road(s):
	Weather:
Date:	Campsite grid reference(s):
No. of nights camping:	Distance travelled to campsite(s):
No. in group	Walking time to campsite(s):
Area:	Height gained:
Sheet No.	Distance from nearest track / road(s):
	Weather:
Date:	Campsite grid reference(s):
No. of nights camping:	Distance travelled to campsite(s):
No. in group	Walking time to campsite(s):
Area:	Height gained:
Sheet No.	Distance from nearest track / road(s):
	Weather:

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Observational Requirements

Candidates are required to observe a Mountain Leader working on at least SIX occasions in the mountain environment. At least two of these observations should be with a BOS-recognised course provider, preferably on a Mountain Skills training course. An up-to-date list of BOS providers can be obtained by contacting the MCI office (Ph: 01 6251115) or by checking www.mountaineering.ie

Date		Activity / course observed	Location	ML observed

N.B Please attach to the back of this page a photocopied section of the map used and highlight the route taken.

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GROUP EXPEDITION PLAN

MUST BE APPROVED BY A MOUNTAIN LEADER HOLDER PRIOR TO THE EXPEDITION. WHEN PLANNING A GROUP EXPEDITION INVOLVING YOUNG PEOPLE CANDIDATES SHOULD CONSIDER THE GUIDELINES SET OUT IN THE MCI's CHILDRENS POLICY

Group (e.g. School): _____

Age Range: _____

Assistant Leaders: _____

Proposed Area: _____ Accommodation (e.g. hostel): _____

Location (Grid Ref.) / Address: _____

Catering (e.g. Self-catering): _____

Transportation (to / from): _____

PROPOSED ACTIVITIES (please attach a photocopied map of the intended areas and highlight all planned routes, alternatives and potential escape routes.

Day 1: _____

Evening: _____

Day 2: _____

ALTERNATIVE PLAN (poor weather alternative etc.): _____

Estimated Cost: _____

Proposed Dates: _____

Date Submitted: _____ Date Approved: _____

Approved By: _____ Qualification(s): _____

Contact Details: _____

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Please give details of the activity engaged in, how it complied with or diverged from the original plan, detail interesting or untoward incidents, attitude of the group, weather, success of the evening activities and any other relevant information.

[illegible]

ML's Comments:

ML's Name: _____ Contact Number: _____

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Please include any relevant additional experience not included elsewhere in this logbook eg orienteering, outdoor leadership experience, rockclimbing, alpine climbing, overseas mountaineering, snow and ice climbing, skiing, ski touring, mountain rescue involvement etc.

[illegible]